डॉ. बी.आर. अंबेडकर विश्वविद्यालय दिल्ली Dr. B.R. Ambedkar University Delhi
Established by the Act of Legislative Assembly of National Capital Territory of Delhi

ADVERTISEMENT FOR RECRUITMENT OF PSYCHOTHERAPIST

AUD/55-1(151)/Rect./2026/1029 **Date: 28.10.2026**

Dr. B.R. Ambedkar University Delhi, a State University established through an Act by the Legislature of the National Capital Territory of Delhi, invites online applications from eligible candidates for the position of **Psychotherapist** on **Visiting basis** at the Centre for Psychotherapy and Clinical Research (CPCR), School of Human Studies, Dr. B. R. Ambedkar University Delhi.

No. of Positions: Three (03)

Qualification:

- Essential*:*

4) M.A. in Psychology with at least 55% marks or equivalent GPA from a recognized university.

ii) M.Phil in Clinical Psychology / M.Phil in Psychoanalytic Psychotherapy/ M.Phil in Psychotherapy and Clinical Thinking, or post-master's training, degree, or diploma with specialization in psychotherapy, clinical practice, or counselling.

iii) At least two years of experience in clinical practice/ psychotherapeutic work and/or counselling in public or private institutions/ Universities/ hospitals/ clinics/ NGOs in the field of mental health.

- **Desirable:**

4) Ph.D. in Clinical Psychology/ PsyD (Doctor of Psychology)/ Ph.D. with demonstrable interest in psychodynamic and psychoanalytical work.

ii) Experience in teaching and supervision of trainee counsellors, psychotherapists, or clinical psychologists.

iii) Evidence of research or publications in the field of psychotherapy or clinical practice.

iv) Well-developed sensitivity, empathy, regard and in-depth understanding of the human psyche.

Job Description:

4) Psychometric screening of first year batches of all programmes to identify psychologically vulnerable students for ensuring their mental well-being in a proactive manner through a robust Mentor-Mentee System, Buddy System and such other Preventive mechanisms.

ii) Providing Psychotherapy and Clinical Counselling to the students.

iii) Clinical supervision, administrative and organizational work.

iv) Community mental health work.

v) Intellectual and practice based processes/ activities.

vi) Adoption and implementation of uniform mental health policy, drawing cues from the UMMEED Draft Guidelines, the MANODARPAN initiative, and the National Suicide Prevention Strategy.

vii) Providing consistent, informal, and confidential support to batches of students, especially during examination periods and academic transitions.

viii) Establishment and implementation of protocols for immediate referral to mental health services, local hospitals, and suicide prevention helplines.

ix) Conducting training of teaching and non-teaching staff on psychological first-aid, identification of warning signs, response to self-harm, and referral mechanisms.

x) Conducting training of teaching, non-teaching and administrative staff, to engage with students from vulnerable and marginalized backgrounds in a sensitive, inclusive and non-discriminatory manner.

xi) Establishment and implementation of robust, confidential, and accessible mechanisms for the reporting, redressal, and prevention of incidents involving sexual assault, harassment, ragging, and bullying on the basis of caste, class, gender, sexual orientation, disability, religion or ethnicity and providing psycho – social support to victims.

xii) Organising sensitization programmes (*physical and/or online)* for parents and guardians on student mental health to sensitise the parents and guardians to avoid placing undue academic pressure, to recognize signs of psychological distress, and to respond empathetically and supportively.

xiii) Integration of mental health literacy, emotional regulation, life skills education, and awareness of institutional support services into student orientation programmes and co-curricular activities.

xiv) Maintaining anonymized records and prepare an annual report indicating the number of wellness interventions, student referrals, training sessions and mental health related activities.

xv) Ensuring inclusivity and sensitivity to socio-economic and psychological contexts in career counselling services for students and their parents or guardians.

xvi) Provision of regular career counselling for students and parents, regulation of academic pressure through structured academic planning, availability of continuous psychological support, and the establishment of institutional mechanisms for monitoring and accountability to safeguard student mental well-being.

xvii) Any other duties as assigned by the Competent Authority from time to time.

Remuneration:

Remuneration of Rs.4,200/- per full day visit subject to ceiling of Rs.85,000/- per month shall be paid to the selected candidates, as per University norms.

GENERAL TERMS AND CONDITIONS:

1. The engagement shall be purely on visiting basis and shall be subject to requirement of Centre for Psychotherapy and Clinical Research (CPCR) and terms approved by the University.

2. Candidates are required to submit the all essential supporting documents including:

   - Mark-sheets of all educational qualifications as claimed in online application form.

   - Clear evidence of professional qualification, indicating the nature and duration of post-master's degree/ diploma/ training.

   - Experience certificates of clinical practice clearly specifying the period (from –to) and nature of work.

     (Note: Valid work experience excludes internships undertaken during the course of an academic programme)

3. The prescribed essential qualifications are the minimum and the mere possession of the same does not entitle candidates to be called for the test/ interview. Where the number of applications received in response to an advertisement is large and it is not feasible or convenient to interview all the candidates, the University at its discretion, may restrict the number of candidates to a reasonable limit on the basis of qualifications/ experience higher than the minimum prescribed for the post or any other criteria as decided by the University. Only short-listed candidates will be invited for interview.

4. The dates of interview will be notified on the University website (https://aud.delhi.gov.in/) and the same will be communicated through email (as provided in the application form) to the shortlisted candidates. Any change of correspondence address/ email/ phone from the one given in the application form should at once be communicated to the University.

5. Candidates are advised to visit the University website (https://aud.delhi.gov.in/) at regular intervals for the updates.

6. The University shall process the applications entirely on the basis of information/ documents submitted by the candidates. In case the information / documents are found to be false / incorrect by way of omission or commission, the responsibility and liability shall lie solely with the candidate.

7. All appointments shall be made provisionally subject to verification of certificates. The University shall verify the documents and antecedents of the applicant at the time of interview/ joining or at any stage during the period of service. In case, it is found at any point of time that any document/ information submitted by the applicant is false or the applicant has suppressed/ concealed any relevant information, the services of the selected applicant shall be terminated forthwith without assigning any reason. The University may also initiate appropriate action for production of false information under the provisions of Bharatiya Nyaya Sanhita, 2023 as amended from time to time.

8. Applicants serving in Government / Public Sector Undertakings (including Boards/ Autonomous Bodies) are required to submit '**No Objection Certificate**' on the prescribed proforma from the employer, at the time of interview, if not uploaded with the online application.

9. All correspondence from the University including interview letter, if any, shall be sent only at the e-mail address provided by the applicant in the online application form. The applicants are advised to check the website of the University regularly for updates.

10. The University reserves the right to revise/ reschedule/ cancel/ suspend/ withdraw the recruitment process in part or full without assigning any reason. The decision of the University shall be final and no appeal in this regard shall be entertained.

11. The number of positions advertised are tentative. The University reserves the right to increase or decrease the number of positions.

12. The University reserves the right not to fill up the vacancy as advertised, if the circumstances so warrant. Vacancies may increase or decrease.

13. In case of any inadvertent mistake in the process of selection, which may be detected at any stage even after issuing an appointment letter, the University reserves the right to modify/ withdraw/ cancel any communication made to the applicant in this regard.

14. In case of any dispute/ ambiguity that may occur in the process of selection, the decision of the University shall be final.

15. Candidates should possess the essential qualifications as on the closing date of application.

16. Mere fulfilling the minimum educational qualification and experience shall not entitle a candidate to be necessarily called for the interview.

17. Applicants who do not meet the qualifications given in this advertisement and/or incomplete applications will be rejected summarily.

18. Canvassing in any form will lead to disqualification.

19. No interim correspondence or personal enquiries shall be entertained by the University.

20. Any information/ corrigendum/ addendum etc. relating to this recruitment shall be posted on the University website https://aud.delhi.gov.in. Candidates are requested to visit the website of Dr. B. R. Ambedkar University Delhi regularly for latest update in the matter.

21. In case of any dispute, the territorial jurisdiction shall be of the High Court of Delhi.

How to apply:

1. **Application forms have to be filled mandatorily in online mode as available on the website of the University within the prescribed time limit as indicated in the advertisement.**

2. University online job portal can be accessed at the address: https://aud.delhi.gov.in/#careers. The complete details of the advertisement are available on the University website https://aud.delhi.gov.in. Before filling the online application, please read the instructions carefully.

3. After submission of online application, applicants will be required to take printout of the online application. A hard copy of the online application along with self-attested required documents must reach the University office up to the last date (till 17:30 hrs) at the following address (preferably by Registered/Speed Post). While submitting hard copy all applicants please ensure that an indexing of all documents has been done appropriately along with pagination. All documents and pagination be done in the order of essential eligibility criteria.

   Deputy Registrar (Recruitment & Promotion Cell),
   Room No. 31A, Dr. B.R. Ambedkar University Delhi,
   Lothian Road, Kashmere Gate Campus, Delhi – 110 006.

   Important Timelines: -

   - The online applications will commence after publication of the detailed advertisement on the University website https://aud.delhi.gov.in/.
   - The Last date to apply online is three (03) weeks from the date of publication of this advertisement in "Employment News"/ "Rozgar Samachar".
   - The Last date for submission of the hard copy of the Online application form along with supporting documents is four (04) weeks from the date of publication of this advertisement in "Employment News"/ "Rozgar Samachar".

   NOTE: The name of the Position and Advertisement Number must be mentioned on the top of the envelope.

   Hard copy of applications received after the due date shall not be considered and will summarily be rejected. The University shall not be responsible for postal delay, if any.

4. In case of any enquiry regarding submission of online application, please send your queries to careersnts@aud.ac.in.

Sd./-
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