No.F.1(9-3)-DYAS/Estt/2021/53 97 Government of Tripura Directorate of Youth Affairs & Sports Shiksha Bhavan, 4th Floor, Office Lane, Agartala

Dated, Agartala, the 26)09 2022.

EMPLOYMENT ADVERTISEMENT

The Education (Youth Affairs & Sports), Department, Government of Tripura is inviting applications in prescribed format from the permanent resident of Tripura for filling up the following posts in the scale of Pay Matrix Level-7 Rs. 21,400-67,900/- on fixed pay basis as noted in column No. 5.

S1 No	Name of the post	Total number of posts	Category of post	Fixed pay per month
1	2	3	4	5
1	Junior Physical Instructor (Group-C)	100 nos	SC=18 (Women reservation-06) (PH- 01) ST=31 (Ex-Serviceman-01) (Women reservation-10) (PH- 01) UR=51 (Ex-Serviceman-01) (Women reservation-17) (PH- 02)	Rs.16,050/- per month

- 2. The details of eligibility, qualifications, terms and conditions, necessary documents, application format, syllabus etc. are available in the Official website of www.yas.tripura.gov.in and also the notice board of the Directorate of Youth Affairs & Sports, Shiksha Bhavan, 4th Floor, Office Lane, Agartala.
- 3. The interested candidates may apply in the prescribed format duly signed along with self attested copies of all educational qualifications, experience and other testimonials as required to support the candidature of applicant to the address of the Director, Youth Affairs & Sports, Shiksha Bhavan, 4th Floor, Office Lane, Agartala, Pin-799001.
- 4. The applications will be received <u>from 29.08.2022 to 16.09.2022</u> in the following District Youth Affairs & Sports Offices in all working days (excluding Government holidays) from 11 AM to 4 PM from the candidates having present home address in the concerned Districts.

S1	Concerned District	Name of the applications receiving centre
No	Headquarter	
1	West Tripura District	West District YAS Office, DDSS Complex, Badharghat
2	Sepahijala District	Sepahijala District YAS Office, Bishramganj
3	Gomati District	Gomati District YAS Office, Udaipur
4	South Tripura District	South District YAS Office, Belonia
5	Khowai District	Khowai District YAS Office, Khowai
6	Dhalai District	Dhalai District YAS Office, Ambassa
7	Unakoti District	Unakoti District YAS Office, Kailashahar
8	North Tripura District	North District YAS Office, Dharmanagar

- 5. Applications sent by e-mail/post/courier service etc. will not be accepted.
- 6. No TA & DA will be paid for the purpose of interview.
- 7. If any candidate submits more than one application from different places, his/her application will be summarily rejected.

8. Eligibility criterion: -

Educational & other	(1) Madhyamik passed or equivalent from a recognized Board along with
qualifications	(2) Participation as a Player/Sports person in games/sports at National Level competitions organized by recognized Federation/Board by the Government of India or Indian Olympic Association. The Games/Sports event participated by the candidates should be recognized games/sports event of Tripura Sports Council. Or
	Prize holder in State Level Competitions in different games & sports events recognized by Tripura Sports Council/Tripura School Sports Board.
	Preferred Games & Sports: - Group-A
	Football, Athletic, Yoga, Gymnastics, Judo, Swimming. Group-B
	Kho-kho, Kabaddi, Handball, Volleyball, Badminton, Table Tennis, Cricket, Weight Lifting, Basketball, Chess
	Or
	Holder of: - (a) Certificate course in Physical Education. (b) Diploma course in coaching from Netaji Subash National Institute of Sports/Sports Authority of India.
	Or
	(c) Bachelor in Physical Education and onwards from a recognized University by University Grants Commission.
	Desirable qualification: - Mandatory knowledge of Bengali or Kakborak
Age limit	18 to 40 years. Upper age limit is relax-able by 5 years in case of SC/ST/PH candidates and Government Servants as on 30.06.2022. 2(two) years age relaxation in upper age limit for all categories of candidates as per vide Memo No.F.23(11)-GA(P&T)/2022 dated 11.07.2022 issued by the GA(P&T) Department, Govt. of Tripura.
Mode of selection	Through competitive examination to be conducted by a Recruitment Board.
	Total marks 100. Duration 02(two) hours.
	(i) Physical Fitness Test (qualifying in nature)(ii) Written examination 85 marks
	(iii) Interview/Viva-voce 15 marks (iv) Initially candidate(s) have to appear Physical Fitness test and only physical fit candidate(s) will be eligible to sit in the written examination.
	physical in candidate(s) will be engible to sit in the written examination.

(S. B. Debbarma)

Director

Youth Affairs & Sports

Tripura

Syllabus of written examination and Interview/viva-voce for recruitment of Junior Physical Instructor (Group-C) under Education (YAS) Department, Government of Tripura.

Subject	Syllabus	Full	Time
		marks	
Games & Sports	Knowledge of English/Bengali (Descriptive/OMR based MCQ type). (i) General rules and regulation of Game & Sports (Measurement of the Court and Field. Duration of Play, Scoring, Equipments, Umpire, Referee, Judges etc.). (ii) Sports Injury: - (Type of injuries & treatment). (iii) Diet: - (Components of Diet). (iv) Sports Training: - Type of training and variation. (v) Methodology: - (Circuit training, Weight training, Yoga etc.) (vi) Components of Motor abilities: - (Speed, Endurance, Flexibility, Agility, Co-ordination, Strength) (vii) Sports Psychology: - Number of various organs in human body, volume of blood, number of bone and muscle in human body etc. (viii) Sports equipments: - (Name and use). (Description/OMR based MCQ type).	60	2(two) hours
Games	Olympic, Asian & Commonwealth Games: -		
and Sports based on	(Indian Records, Venue of past and ensuing meet, abbreviations of National and International Association	25	
General	/Federation, Name of National Games of Asian		
Knowledge &	countries) (Descriptive/OMR based MCQ type).		
current	, , , , , , , , , , , , , , , , , , , ,		
affairs			
Interview/	Interview/viva-voce (including Bonus marks-07)	15	
viva-voce			

Physical Fitness Test (qualifying in nature)
i) COOPER TEST: - To measure aerobic endurance 12 minutes continuous run
ii) PUSH-UPS: - To measure strength endurance
iii) CHAIN UPS/PULL UPS: - (Upper hand grip for men and under hand grip of women)
to measure strength of upper limbs
iv) STANDING BOARD JUMP: - To measure strength of lower limbs
v) SHUTTLE RUN (4 X 10 MTR): - To measure agility
vi) SIT & REACH: - To measure flexibility