



APPLICATION FORM FOR MASSAGE THERAPIST

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(Self
attested)**

1. Full Name in Capital Letters (as per the matriculation certificate):.....
.....
2. Gender:.....
3. Date of Birth (as per the matriculation certificate):.....
4. Age as on last date of closing of application.....
5. Post Applied for-
.....
6. Category Caste Certificate.....
7. Father's Name (as per the matriculation certificate):.....
.....
8. Nationality:.....
9. Permanent Address:.....
.....
.....
.....
.....
10. Address for Communication:.....
.....
.....
.....
11. Mobile number and Email ID (a valid and functional email ID to be provided):.....
.....
.....
12. Academic Qualifications:

Degree	Maximum Marks	Marks Obtained	Percentage of Marks	Name and Address of College/Institution	University	Year of Passing
10 th Certificate						
Additional Qualifications						

13. Details of services rendered earlier/experience in related field:

(After the basic graduation).

Designation	Name and Address of the Organization	Duration of Tenure		Total Period
		From	To	

Declaration: I solemnly declare that the above statements made by me are correct to the best of my knowledge and belief. I shall abide by the rules and regulation of Sports Authority of India.

Name & Signature of Candidate with date.

Revised scheme of evaluation of Massage Therapists for recruitment in the Sports Authority of India

The objective evaluation will have single response, multiple choice questions. The test will have 100 questions with one mark allotted for each question. The paper would have two parts of 50 questions each. The syllabus for the evaluation is as follows

PART A- 50 questions. Each question carries one mark.

1. Basic anatomy as applied to Sports Massage
2. Basic physiology
3. Massage Techniques
4. Indications and Contraindications of massage
5. Effects of massage
6. Preevent massage
7. Postevent massage
8. Stretching methods
9. Recovery techniques
10. First aid in sports
11. Hygiene principles for massage therapist
12. Basic knowledge of Sports nutrition
13. Basic knowledge of Sports physiology
14. Basic knowledge of Sports anthropometry
15. Basic knowledge of Sports psychology
16. Basic knowledge of Sports training

PART B- 50 questions. Each question carries one mark.

1. Basic mental ability
2. Basic knowledge of computer applications like MS Word, MS Excel MS Powerpoint
3. Basic knowledge of internet use
4. Basic knowledge of sports and games
5. Knowledge of current sports affairs
6. Knowledge of sports organization in the country
7. Documentation
8. Professional ethics