



SPORTS AUTHORITY OF INDIA
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LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION

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**SAI INVITES APPLICATION FOR THE POST OF MESSAGE THERAPIST ON CONTRACT BASIS
AT SAI NCOEs**

Sports Authority of India (SAI) is an autonomous organization under the administrative control of the Ministry of Youth Affairs and Sports with its Head office at Jawaharlal Nehru Sports Complex, Lodhi Road, New Delhi-110003.

SAI has established 23 National Centers of Excellence across the country for training of young and elite athletes in various disciplines. These NCOEs are funded for several items *inter-alia* Sports Science staff through Khelo India Scheme of Ministry of Youth Affairs & Sports. To strengthen the NCOEs SAI invites applications from eligible candidates for engagement of Massage therapist on contract basis at SAI NCOE.

1. Name and Number of Posts & Pay

The number of vacancies can be varied as per workload. Candidate may be posted any where across India as per requirement by SAI Indicative figures are as follows:-

Name of the post	No of Vacancies*	Consolidated Pay/ Monthly Remuneration
Massage Therapist	9	Rs 35,000/-

***subject to variation depending upon the workload.**

Total no of vacancies are 9, ST-3, EWS -6

IMPORTANT
OPENING DATE FOR SUBMISSION OF APPLICATION BY POST IS MAY 11 TH 2023
CLOSING DATE FOR SUBMISSION OF APPLICATION BY POST IS JUNE 11 TH 2023
DATE FOR DETERMINING THE ELIGIBILITY OF ALL CANDIDATES IN EVERY RESPECT SHALL BE THE PRESCRIBED CLOSING DATE FOR SUBMISSION OF APPLICATION. THE APPLICANTS ARE ADVISED TO FILL IN ALL THEIR PARTICULAR IN THE APPLICATION CAREFULLY AS SUBMISSION OF WRONG INFORMATION MAY LEAD TO REJECTION.
DATE FOR WRITTEN TEST FOR THE SHORTLISTED CANDIDATE WILL BE INTIMATED SEPARATELY.

2. MINIMUM ESSENTIAL QUALIFICATION CRITERIA

Essential Qualification:

Passed matriculation or equivalent from a recognized board with Certificate Course in Massage Therapy or equivalent.

Desirable-

Work Experience in field of sports.

3. SELECTION PROCEDURE

- A. Applications are invited from candidates, who fulfill the essential eligibility criteria as mentioned above on contract basis at SAI.

- B. In the in the event of number of applications being more than 5 times the number of vacancies, SAI will adopt the following shortlisting criteria to restrict the number of candidates to be called for skill test in ratio of 1:5 times the number of vacancies notified.

CATEGORIES FOR EVALUATION	MAX MARKS	SCORING OF MARKS
Higher Educational Qualification/ Additional certification course	10	Diploma in massage therapy/Certification course
Total Work Experience	10	2 marks will be awarded for every completed 1 year of work experience as a Masseur/ Masseurse upto a maximum of 10 marks
Work Experience in Sports Establishment.	10	Additional 2 marks will be awarded for every completed 1 year of work experience as Masseur/ Masseurse at a recognized State / National level sports organization (Govt. or Private) working with teams/players upto a maximum of 10 marks.

- C. Final merit list will be prepared based on written test of 100 marks in multiple choice format (Time allowed: 1 hour). The detailed syllabus in this regard is placed at Annexure – I. (Written Test (Multiple Choice Questions)(100 Marks) (Time Allowed : 1 hour)

THE CANDIDATE SHOULD MENTION ALL HIS/HER QUALIFICATIONS AND EXPERIENCE IN THE RELEVANT FIELD OVER AND ABOVE THE MINIMUM QUALIFICATIONS.

CANDIDATES WILL BE SHORT-LISTED FOR SKILL TEST ONLY ON THE BASIS OF THE INFORMATION & DOCUMENTS PROVIDED BY THEM IN THEIR APPLICATION AND ENCLOSED DOCUMENTS.

CANDIDATES MUST ENSURE THAT SUCH INFORMATION IS TRUE. IF AT ANY SUBSEQUENT STAGE OR AT THE TIME OF PROCESS ANY INFORMATION GIVEN BY THEM OR ANY CLAIM MADE BY THEM IN THEIR ONLINE, APPLICATIONS IS FOUND TO BE FALSE, THEIR CANDIDATURE WILL BE LIABLE TO BE REJECTED.

NOTE I: THE PRESCRIBED ESSENTIAL QUALIFICATIONS ARE THE MINIMUM AND THE MERE POSSESSION OF THE SAME DOES NOT ENTITLE CANDIDATE TO BE CALLED FOR SKILL TEST.

NOTE II: IT IS TO BE NOTED THAT MERE QUALIFYING AT THE INTERVIEW DOES NOT CONFIRM FINAL SELECTION SEPARATE MERIT LIST WILL BE PREPARED PURELY ON THE BASIS OF MARKS OBTAINED BY THE CANDIDATES IN SKILL TEST

***IMPORTANT**

THE CATEGORY-WISE MINIMUM LEVEL OF SUITABILITY IN SKILL TEST, WILL BE ST/EWS-40 MARKS, OUT OF THE TOTAL BEING 100.

D. Nature of Work

- Sports massage, recovery and relaxation of the Athlete.
- Advice the athletes on relaxation techniques to help prevent muscle problems and stress.
- Study an athlete's clinical and physical history and prepare and massage accordingly.
- Use of electrical massaging and recovery of athlete.
- Work in the field with athletes.

GENERAL INSTRUCTIONS FOR CANDIDATES

1. WHO CAN APPLY : Applications are invited from candidates who fulfill the minimum essential qualification criteria as mentioned above. All applicants must fulfil the essential requirement as stipulated in the advertisement. They are advised to satisfy themselves before applying that they possess at least the essential qualifications laid down. No enquiry asking for advice as to eligibility will be entertained.

2. HOW TO APPLY:

- I. The candidate must apply by sending duly filled application form along with necessary documents by post to below address with subject line as “**Recruitment for the post of Massage Therapist**” :

**The Principal
Lakshmibhai National College of Physical Education
Karyavattom P.O
Thiruvananthapuram – 695581
Kerala, India**

- II. Applications received through any other mode would not be accepted and summarily rejected.
- III. The applicant must possess a valid and functional email id.
- IV. The e-mail ID entered in the form should remain active until the recruitment process is completed. No change in the e-mail ID will be entertained.
- V. Candidates must apply within the scheduled time period, no application received after the last date shall be entertained.
- VI. Candidates must send the documents/certificates in support of all the claims made by them in the application.
- VII. Checklist of documents required, these must kept ready for filling the application form-

A. **Application form** at the end of advertisement with recent passport size photograph -

B. **Proof of Date of Birth-** Matriculation/10th Standard or equivalent certificate indicating date of birth, or mark sheet of Matriculation/10th Standard or equivalent issued by Central/State Board indicating Date of Birth in support of claim of age. Where date of birth is not available in certificate/mark sheets, issued by concerned Educational Boards, School leaving certificate indicating Date of Birth.

- C. **Proof of identity**- Aadhar card/Passport/ Voter ID.
- D. **Category certificate-(ST/EWS)**- Cast certificate by candidate seeking reservation as ST/EWS from the competent authority indicating clearly the candidate's Caste, the Act/Order under which the Caste is recognized as ST/EWS and the village/town the candidate is ordinarily a resident of.
- E. **10th standard mark sheet**-
- F. **Additional Qualification document**- Certificate for massage therapy/ skill development program for massage therapist.
- G. **Work Experience Document**: Documents claiming work experience must clearly mention the following:
- Name of the establishment/Organization/ Department.
 - Signature of competent authority/issuing authority clearly stating their position of authority and nature of work and duties performed in the organization.
 - Duration of employment/work experience (Date, Month & Year).
 - The field in which the candidate has worked or the post held in the establishment.
- H. **Last pay drawn document**: Candidates must have their monthly remuneration document from their place of work experience. If the last pay drawn is more than the remuneration mentioned in the advertisement, then pay may be matched accordingly and all candidates placed at higher merit will also be given the matched remuneration.

3. For submitting the application: Along with filling the application form the following documents must be attached-

THE FOLLOWING ESSENTIAL CERTIFICATES/ DOCUMENTS SHOULD BE SELF ATTESTED, SCANNED AND UPLOADED STRICTLY IN THE ORDER MENTIONED BELOW ALL COMPILED IN A SINGLE PDF FILE.

- a) Completely filled Application form-
- b) Document for DOB.
- c) Proof of Identity.
- d) Category Certificate-ST/EWS
- e) 10th standard marksheet
- f) Qualification document/Certificate of Massage therapy
- g) Work experience Certificate.
- h) No Objection Certificate from present employer, if any.
- i) Supporting document for Last Pay Drawn

NOTE:

- CANDIDATES ARE ADVISED TO FILL THEIR CORRECT AND ACTIVE E-MAIL ADDRESSES IN THE APPLICATION AS ALL CORRESPONDENCE WILL BE MADE THROUGH E-MAIL ONLY. SKILL TEST SCHEDULE AND OTHER REQUIREMENTS WITH REGARD TO CERTIFICATES IN RESPECT OF CLAIMS MADE IN THE APPLICATION WILL BE E-MAILED IN DUE COURSE TO THE CANDIDATES IN THEIR REGISTERED E-MAIL ID ONLY.

-INCOMPLETE/NON SELF-ATTESTED DOCUMENTS WILL BE REJECTED.

- ANY VARIATION IN THE DETAILS PROVIDED AND DOCUMENTS SUBMITTED THROUGH APPLICATION FORM WILL LEAD TO REJECTION OF THE CANDIDATE.

4. **CALL LETTERS FOR INTERVIEW:** The Call Letters for Skill test shall be communicated electronically in the valid and functional email id provided by the candidate/ uploaded on SAI website.

CANDIDATES SHOULD CHECK THE WEBSITE AND THEIR REGISTERED EMAIL REGULARLY FOR UPDATES REGARDING SKILL TEST AND OTHER RELEVANT DETAILS.

UPDATES AND NOTIFICATIONS WILL BE POSTED ON THE SAI WEBSITE.

5. The responsibility of ensuring genuineness of the certificate lies completely with the candidate by self-attestation. SAI reserves the right to discard experience certificates which do not provide correct details as asked above. Website links could be provided to ascertain genuineness.
6. Any experience claimed during the course of completion of the degree will not be counted. Any experience which is not relevant to the above discipline /fields will not be counted.
7. The Candidates should note that their candidature at all the stages will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any stage before or after Interview, it is found that they do not fulfill any of the eligibility conditions; their candidature will be cancelled by the SAI.
8. **NOTE: SELECTED CANDIDATES WILL BE REQUIRED TO PRODUCE THE ORIGINALS OF THE CERTIFICATES MENTIONED ABOVE AT THE TIME OF JOINING. FAILURE TO SUBMIT THE REQUIRED CERTIFICATES IN ORIGINAL AT THE TIME OF PHYSICAL JOINING WILL LEAD TO CANCELLATION OF CANDIDATURE.**

9. Terms & Conditions for contractual engagement:

(i) **Tenure:** Initial contractual engagement will be for 1 year, further extendable in cycle of 1 year up to a maximum of 8 years on the basis of performance.

(ii) The engagement of Massage Therapist on contract basis shall not confer on them any right for absorption or appointment on regular basis in SAI.

(iii) **Age limit:** Not exceeding 35 years as on the closing date for submission of online application. 2 years age relaxation is granted for current SAI employees in the post of masseur's/masseuse.

Relaxation of age limit for ST shall be as per DoPT OM No 15012/2/2010-Estt9D0 dated 27.3.2012.

(iv) **Proof of age & caste certificate may be issued in accordance with the DoPT OMs as mentioned below-**

Proof of age -OM No 19017/7/79-Estt(A) dated 30.11.1979

Caste Certificate-

ST- OM No. 36012/6/88-Estt(SCT) dated 24.04.1990

EWS- OM No. 36039/1/2019-Estt (Res) dated 31.01.2019

(v) **Remuneration: -**

Consolidated monthly remuneration is Rs 35,000/- with annual increment upto 10% based on performance assessment.

(vi) **Tax Deduction at source: -** The income tax or any other tax liable to be deducted, as per the prevailing rules will be deducted at source before effecting the payment, for which the SAI will issue TDS certificates/ Service Tax, as applicable.

(vii) **Other Allowances: -** No TA /DA shall be admissible for joining the assignment or on its completion. No other facilities like DA, Accommodation, Residential Phone, Conveyance /Transport, Personal Staff, Medical reimbursement, HRA, and LTC etc. would be admissible to them. In case he/she is required to proceed outstation from the place of posting for official duty, he/she will be entitled to TA/DA as admissible for pay Level-4 under GOI rules.

(viii) **Extension:-**Performance of the selected candidates would be continuously reviewed monthly & Half yearly and their extension will be considered on the basis of periodic review /requirements.

(ix) **Leave: -** Personnel will be entitled for 30 days leave in a calendar year on pro-rata basis. Employee shall not draw any remuneration in case of his/her absence beyond 30 days in a year. Also any un-availed leave in a calendar year will lapse and will not be carried forward to the next calendar year.

- (x) Termination:-**The contract can be terminated by giving a 30 days' notice period by either party, i.e. SAI and the employee. In cases of extreme impropriety by the employee the contract may be terminated immediately without notice.
- 10.** A panel of Massage Therapist shall be drawn & that will be valid for a period up to 1 year from the date of publishing the result. The service of candidates in waiting list may be utilized by Khelo India or any other scheme of SAI/Centre/State govt if required.
 - 11.** Decision of SAI in all matters regarding eligibility, selection and posting would be final and binding on all candidates. No representation or correspondence will be entertained by SAI in this regard.
 - 12.** SAI reserves the right to modify/alter/restrict/enlarge/cancel the recruitment process, if need so arises without issuing any further notice or assigning any further notice/any reasons thereafter. The decision of the SAI will be final and no appeal will be entertained against this issue.
 - 13.** Candidates will be informed of the final result in due course through SAI website and any interim enquiries about the result are therefore, unnecessary and will not be attended to. SAI do not enter into correspondence with the candidates about reasons for their non selection for interview/appointment.
 - 14.** Canvassing in any form will disqualify a candidate.
 - 15.** In case of any dispute, jurisdiction of Court of Delhi only will be applicable.
 - 16.** Further notifications/corrigendum in this regard, if any, will be put up on SAI website only.
 - 17.** In case of any dispute, English version of the Employment notice will be treated as valid.

क्रमांक S.No. 2006 **250250** केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION
अंक विवरणिका MARKS STATEMENT
संकायडीरी स्कूल परीक्षा, 2006
ALL INDIA SECONDARY SCHOOL EXAMINATION, 2006

नाम Name अनुक्रमांक Roll No. _____
माता का नाम Mother's Name _____
पिता का नाम Father's Name _____
जन्म तिथि Date of Birth 1ST DECEMBER NINETEEN HUNDRED NINETY
विद्यालय School DB468 ARMY SCHOOL

विषय कोड SUB. CODE	विषय SUBJECT	प्राप्तांक MARKS OBTAINED				स्थितिय ग्रेड POSITIONAL GRADE
		लि. TH	प्रा/आ.मू. PR/IA	योग TOTAL	योग शब्दों में TOTAL IN WORDS	
101	ENGLISH COMM.	079	XXX	079	SEVENTY NINE	A2
085	HINDI COURSE-B	090	XXX	090	NINETY	A1
041	MATHEMATICS	094	XXX	094	NINETY FOUR	A1
086	SCIENCE & TECH.	067	025	092	NINETY TWO	A1
087	SOCIAL SCIENCE	073	017	090	NINETY	A1

परिणाम Result **PASS**

AB : विषय में अनुपस्थित Absent in the Subject
PR : प्रयोगात्मक Practical
IA : आंतरिक मूल्यांकन Internal Assessment
दिल्ली Delhi
दिनांक Dated 27-05-2006

परीक्षा नियंत्रक
Controller of Examinations

Self-attested
Ragini Jain
Ms. RAGINI JAIN

SAMPLE DOCUMENT DEMONSTRATING HOW THE CERTIFICATES ARE TO BE ATTESTED AND SCANNED AND COMPILED IN THE FORMAT REQUIRED.



APPLICATION FORM FOR MASSAGE THERAPIST

Recent colored passport size photograph (Self attested)

1. Full Name in Capital Letters (as per the matriculation certificate):.....
.....
2. Gender:.....
3. Date of Birth (as per the matriculation certificate):.....
4. Age as on last date of closing of application.....
5. Post Applied for-
.....
6. Category Caste Certificate.....
7. Father's Name (as per the matriculation certificate):.....
.....
8. Nationality:.....
9. Permanent Address:.....
.....
.....
.....
.....
10. Address for Communication:.....
.....
.....
.....
11. Mobile number and Email ID (a valid and functional email ID to be provided):.....
.....
.....
12. Academic Qualifications:

Degree	Maximum Marks	Marks Obtained	Percentage of Marks	Name and Address of College/Institution	University	Year of Passing
10 th Certificate						
Additional Qualifications						

13. Details of services rendered earlier/experience in related field:

(After the basic graduation).

Designation	Name and Address of the Organization	Duration of Tenure		Total Period
		From	To	

Declaration: I solemnly declare that the above statements made by me are correct to the best of my knowledge and belief. I shall abide by the rules and regulation of Sports Authority of India.

Name & Signature of Candidate with date.

Revised scheme of evaluation of Massage Therapists for recruitment in the Sports Authority of India

The objective evaluation will have single response, multiple choice questions. The test will have 100 questions with one mark allotted for each question. The paper would have two parts of 50 questions each. The syllabus for the evaluation is as follows

PART A- 50 questions. Each question carries one mark.

1. Basic anatomy as applied to Sports Massage
2. Basic physiology
3. Massage Techniques
4. Indications and Contraindications of massage
5. Effects of massage
6. Preevent massage
7. Postevent massage
8. Stretching methods
9. Recovery techniques
10. First aid in sports
11. Hygiene principles for massage therapist
12. Basic knowledge of Sports nutrition
13. Basic knowledge of Sports physiology
14. Basic knowledge of Sports anthropometry
15. Basic knowledge of Sports psychology
16. Basic knowledge of Sports training

PART B- 50 questions. Each question carries one mark.

1. Basic mental ability
2. Basic knowledge of computer applications like MS Word, MS Excel MS Powerpoint
3. Basic knowledge of internet use
4. Basic knowledge of sports and games
5. Knowledge of current sports affairs
6. Knowledge of sports organization in the country
7. Documentation
8. Professional ethics